



Neurodiversity is an umbrella term which includes conditions such as: dyspraxia, dyslexia, dyscalculia, attention deficit with hyperactivity, Tourette's Syndrome and autism spectrum, currently considered as forms of human diversity that require the adoption of alternative perspectives to promote inclusion and exploit creative potential (Clouder *et al.*, 2020).

Tourette's Syndrome is a neurological condition characterized by involuntary movements and sounds (tics).

Some signs for you to recognize if a person has Tourette's syndrome are (Child Mind Institute, n/d):

Are you about to graduate from high school and consider yourself a **neurodivergent student**?

This information is for you!

# Tourette's Syndrome

- Presenting motor tics, which may include blinking, twitching of the face, head, neck, or shoulders.
- To present vocal tics, such as barking, throat clearing, coughing, or repetition of certain words. Some people with this syndrome may suddenly utter obscenities, although this tic is rare.
- The tics usually worsen when the person is under stress and improve when he or she is relaxed.

## Some suggestions to facilitate your academic journey are:

- Establish good communication with your parent(s) and share with them what college environment you would like to be in.
- Explore the University's website and identify the types of services and programs for neurodivergent individuals.
- Identify the support networks that the institution can provide to accompany and support you in your academic difficulties.
- Recognize your competencies and their compatibility with the career of your interest.

Neurodivergent students, including those with Tourette's Syndrome, think and learn differently, so they require the use of differential and inclusive educational strategies, in addition to entering areas of knowledge with similar schemes to their ways of thinking.

Clouder L.; Karakus M.; Cinotti, A.; Ferreyra, M. V.; Fierros, G. A.; Rojo, P. (2020). Neurodiversity in higher education: a narrative synthesis. *Higher Education* 80(3): 757–778.

Child Mind Institute. (s/f). *Información básica sobre el Síndrome de Tourette*. Retrieved on June 29th, 2021. Available at: <https://childmind.org/article/informacion-basica-sobre-el-sindrome-de-tourette/>

Some areas of study recommended for students with Tourette's Syndrome are:

## Areas and Majors

Areas	Major
Business and Administration	Bachelor in Customs Bachelor in Marine and Port Resources Management
Agronomy and Veterinary	Veterinary Zootechnician
Arts and Humanities	Bachelor in Visual Arts Bachelor in Scenic Dance Bachelor in Industrial Design Bachelor in Hispanic American Literature Bachelor in Linguistics Bachelor in Music
Natural Sciences, Mathematics, and Statistics	Bachelor in Biology Bachelor in Disaster Risk Reduction and Management Bachelor in Physics
Social Sciences and Law	Bachelor in Journalism
Education	Bachelor in Pedagogy
Engineering, Manufacturing, and Construction	Mechatronics Engineering Electronic Technologies Engineering Oceanic Engineering Civil Engineering Mechanical and Electrical Engineer Food Chemical Engineer
Information and Communication Technologies	Intelligent Computing Engineering

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